

El Parian Menu

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Av. Castillo 401, Centro, 22800 Ensenada, B.C., Mexico

❖ Menu Tops

Enchiladas Rojas	\$
Champurrado	\$
Tortillas	\$
Pata	\$
Rico Menudo	\$
Cafe	\$
Chips and Salsa	\$
Agua de Jamaica	\$
Omelet de Jamón Tocino Y Chorizo	\$
Rico Pozole	\$
Tamales de Mole En Hoja de Plátano	\$
Cebolla Y Limón	\$
Chicken Enchiladas	\$
Omelet de Chorizo Frijoles Y Papas Fritas	\$
Jugo Verde	\$
Machaca de Res	\$
Orégano Y Chile	\$
Jugo de Naranja	\$
Café de Olla	\$
Pancakes Con Fruta	\$

At El Parian, located at Av. Castillo 401, Centro, 22800 Ensenada, B.C., Mexico, the menu offers a delightful blend of traditional Mexican flavors that will leave you craving more. Whether you're a seasoned foodie or a first-time visitor, El Parian's

offerings are sure to impress with a variety of vibrant dishes that showcase the rich culinary heritage of Mexico. From savory enchiladas to comforting soups, there's something to satisfy every taste.

One of the standout dishes on the El Parian menu is **Enchiladas Rojas**. These red enchiladas are a staple in Mexican cuisine, featuring soft tortillas filled with tender meats, smothered in a rich, flavorful red sauce. The perfect balance of spices and freshness makes this dish a must-try for anyone visiting the restaurant. **Champurrado**, a traditional Mexican hot chocolate drink, is another favorite at El Parian. Its creamy consistency and deep chocolate flavor provide a comforting beverage that pairs perfectly with many of the dishes.

For those looking for something a bit more substantial, **Tortillas** served alongside dishes like **Pata** (tender pig's feet) and **Rico Menudo** (a hearty beef tripe soup) are staples that showcase the authentic flavors of the region. The **Cafe** served here is a treat, as it's often brewed in the traditional **Café de Olla** style, which adds a cinnamon twist to the already rich coffee.

The restaurant also serves a variety of lighter fare like **Chips and Salsa**, which are the perfect appetizers to start your meal. These crispy, warm chips paired with fresh, zesty salsa will get your taste buds excited for the main course. If you're in the mood for something refreshing, the **Agua de Jamaica**, a tangy hibiscus flower drink, offers a unique taste that perfectly complements the spicier dishes.

Another dish worth highlighting is the **Omelet de Jamón, Tocino y Chorizo**. This omelet is packed with savory ham, bacon, and chorizo, creating a flavor-packed breakfast or brunch option. For a heartier breakfast, **Tamales de Mole En Hoja de Plátano** served with onions and lime provides a flavorful start to your day. The tamales, wrapped in plantain leaves, are filled with mole, a rich, spicy sauce that adds depth to the dish.

If you enjoy a good soup, **Rico Pozole** is a traditional Mexican hominy and pork soup that's flavorful and satisfying. It's perfect for a cold day or whenever you need something warm and comforting. **Chicken Enchiladas** are another great option for those who prefer a lighter, poultry-based dish with all the classic enchilada flavors. Paired with sides like **Omelet de Chorizo Frijoles y Papas Fritas**, which features chorizo, beans, and crispy potatoes, this dish is a great way to fuel your day.

For those looking for a little more spice and adventure, **Machaca de Res** (shredded beef with oregano and chili) offers a smoky, flavorful experience. It pairs wonderfully with **Jugo Verde**, a refreshing green juice made with a variety of fresh ingredients like spinach, cucumber, and lime. If you're craving something sweet, finish your meal with a stack of fluffy **Pancakes Con Fruta**. These pancakes, topped with fresh fruit, are a delightful treat that adds a sweet note to your meal.

El Parian's menu is a true celebration of Mexican food, featuring hearty dishes, flavorful beverages, and a variety of flavors that showcase the essence of Mexico. Whether you're visiting for breakfast, lunch, or dinner, the restaurant's offerings will satisfy every craving. With delicious dishes like **Enchiladas Rojas**, **Tamales de Mole**, and **Rico Menudo**, there's no shortage of flavorful options to choose from. Be sure to also try their freshly made drinks like **Jugo de Naranja** (fresh orange juice) and the ever-popular **Agua de Jamaica** to add a refreshing touch to your meal. At El Parian, every bite is a celebration of authentic Mexican cuisine.